

BREAKFAST MENU

Cooked Breakfast

Cumberland sausage, Glamorgan vegetarian sausages, Denhay smoked back bacon, grilled tomatoes, sautéed mushrooms, hash browns, waffles, pancakes. Baked beans and eggs cooked to order

Omelette Bar

Build your own omelette:

Spinach, cheese, ham, roasted peppers, onions, mushrooms, tomato

We also have a toast station, porridge, cereals and yoghurt & fruit bar available daily in The Exchange Kitchen, freshly baked pastries and breakfast pre-mades in The Exchange Café.

LUNCH MENU

Planted

Monday: Heritage beetroot & caramelised red onion tarte tatin, plant-based cream cheese, balsamic glaze & crispy kale

Tuesday: All day breakfast & pastries

Wednesday: Closed

Thursday: Closed

Friday: Mix bean chilli with rice, sour cream, salsa & tortilla chips

Bistro

Monday: Beef and root vegetable stew with creamy mash

Tuesday: All day breakfast & pastries

Wednesday: Closed

Thursday: Closed

Friday: Beef chilli with rice, sour cream, salsa & tortilla chips

Market Special

Monday: Korean chicken burger or tofu burger, smoked Asian slaw, siracha sauce & spicy wedges

Tuesday: All day breakfast & pastries

Wednesday: Closed

Thursday: Closed

Hot Sandwich/Snack

Monday: Cajun chicken wrap with fries and slaw

Tuesday: All day breakfast & pastries

Thursday: Closed

Wednesday: Closed

PLEASE NOTE: If you suffer from severe food allergies or have any questions please speak to a member of our team.

Please feel free to contact us at cateringfeedback@hsf.com

LUNCH CONTINUED

Seasonal Sides

Monday: Glazed carrots
green beans.

Tuesday: All day
breakfast & pastries

Wednesday: Closed

Thursday: Closed

Big Bowl Salads

Monday & Tuesday:

Chef choice

**Wednesday, Thursday &
Friday:**

Chef choice

Simple Salads

Daily: Balsamic roasted
beetroot, heirloom
tomatoes, cucumber

Proteins

Monday & Tuesday:

Chargrilled chicken plan or
flavoured

Chef choice

Wednesday: Closed

Thursday: Closed

Soup

Monday: Carrot &
coriander

Miso broth, noodles, veg
& tofu

Tuesday: All day
breakfast & pastries

Wednesday: Closed

Thursday: Closed

Friday: Roasted wine
tomato

Jackets

King Edwards or Sweet
potatoes with daily toppings

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DINNER MENU

Planted

Monday: Butternut squash, chickpea & okra curry, pilaf rice, samosa, chutney & pickles

Tuesday: Closed

Wednesday: Closed

Thursday: Closed

Bistro

Monday: Chicken tika masala, pilaf rice, samosa, chutney & lime pickle

Tuesday: Closed

Wednesday: Closed

Thursday: Closed

Seasonal sides

Monday: Aloo gobi

Tuesday: Closed

Wednesday: Closed

Thursday: Closed

Soup

Monday: Tomato & oregano

Tuesday: Closed

Wednesday: Closed

Thursday: Closed

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